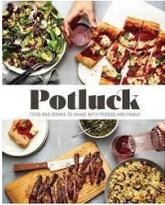


West Newbury Garden Club



Next Meeting – May 5th - 6:45pm - Annex Building

Annual Meeting & Potluck Dinner



Our May 5th meeting is reserved for our annual meeting, final planning of our May plant sale, and potluck dinner. Members will come together to reflect on our accomplishments this past year, celebrate friendships old and new, and share some of our favorite foods. Topics include a review of our finances, election of officers, and planning for our 2022-2023 fiscal year. Members are reminded to bring a potluck food, drink, or dessert to share. To ensure a diverse potluck menu please bring a dish that corresponds with your last name. A-F appetizer, G-L salad or side dish, M-R main course and S-Z dessert.

Bring Your \$30 Dues!

In anticipation of members' adoption of the proposed By-Laws change, annual dues will be collected at the May and June meetings (rather than the September meeting as in the past). This will help to assure that the Yearbook reflects the membership accurately. Please bring a check for \$30 to the meeting.

Members will also vote on the proposed slate of officers as well as By-Laws changes recommended by the Board.

The Slate of Officers for 2022-23 is the following:

President	Lori Boudrow
Vice President	Maureen Harris
2nd Vice President	Anne Sanchez-Felix
Treasurer	Claudia Woods-Estin**
Recording Secretary	Karen Clagett
Corresponding Sec.	Lynn Boyd
Directors	Jean Berkenbush** Gail Dinaro Hannah Page-Koch** Barbara Merrill

**New officers will be nominated at the Annual meeting May 5, 2022

WNGC's By-Laws can be found in our Yearbooks. The following are changes in red are proposed by the Board:

Article II. Section 3.

All active members will serve on one of the club's committees, assist at the annual plant sale, and assume hospitality duties at one of the club's meetings. Active members will pay yearly annual dues.

Article II. Section 6. The Chair of the Membership Committee will review all expectations of club membership with new members before accepting his/her membership form will be deleted.

Article III. Section 4. The Annual Meeting shall be held in May for the hearing of reports from all officers and standing committees **if requested by the executive board. Officers and new directors to the executive board shall be elected for the upcoming year.**

Article IV. Section 1.

a). The annual dues for active members shall be \$30. Associate members shall pay a 25% uplift on the annual dues, with all dues payable at **the May meeting for the following year.**

b). If dues are not paid on or before December 31st; **following notification to non-paying members,** the membership ceases.

c). **If dues are not paid by July 15th, unless the member has contacted the membership committee to request inclusion in the yearbook, the member's name will be omitted from the upcoming yearbook.**

Article V. Section 2.

C) Second Vice President: In the absence of the President and First Vice President, the Second Vice President shall assume all dues. She/he shall be chairperson of the **hospitality** committee. She/he shall be responsible for notifying co-chairs for each up-coming meeting of their responsibilities.

Article V. Section 3.

a) Auditor: The Auditor shall examine the books and provide a written report to the **president and executive board.**

Article VI. Committees

c) There shall be a Membership Committee. **One of whom shall sit on the executive board** will be deleted.

d) **The yearbook publication committee, comprising the yearbook editors and assisted by the membership committee, the First Vice President, the Second Vice President, and the club's President, is responsible for the formulation, editing/formatting and production of the club's Yearbook.** The yearbook shall be prepared in time for the September meeting.

April Meeting Highlights



Teresa Mosher, consultant rosarian for the American Rose Society, shared her knowledge and expertise on how to care for and grow roses. From pruning to planting bare root and container grown roses, members learned new and old tricks for a lush rose garden. Teresa enlightened members about the many varieties of roses that will flourish in Zone 6. This shared meeting with the Newburyport Garden Club was informative and enjoyed by all who attended. For Teresas recent podcast on how roses touch our lives, click here. [HOW ROSES TOUCH OUR LIVES | Rose Chat Podcast \(podbean.com\)](https://www.podbean.com/pb/2022/04/2022-04-20-roses-touch-our-lives)

May 21st Plant and Bake Sale

Members are asked to review the WNGC Operations Manual, Section 15 – Plant Sale, which can be found at www.wngc.org under “Resources”. At the May meeting, Co-Chairs Gail Dinero and Barbara Butler will present a slide show highlighting details of the May 21st sale.

Our popular **Bake Sale** will be back again this year, thanks to Maureen Harris! It will be located ON the Training Field, adjacent to where customers will be loading their plants.

Members are asked to:

- prepare a baked item (or pick up from a store)
- place on a paper plate, wrapped with plastic wrap, labeled with name of food item and any common allergens that may be in the food i.e. nuts, peanut butter. Gluten-free options are also welcome.
- **drop off at Maureen Harris' house on Friday, May 20th between 9:00 am to 7:00 pm**

22 Follinsbee Lane, West Newbury 978-500-9629 maureen.harris61@gmail.com

If members need **help digging or potting plants**, they should contact Gail Dinaro, Plant Sale Co-Chair at gdinaro@comcast.net or 508-633-7609 **no later than May 1st**. Members need to **drop off their labeled plants to the correct locations between Saturday, May 14th and noon on Thursday, May 19th** so the plants can be labeled and priced prior to transport to the Training Field.

Drop-off Locations:

Sun Plants (need 6+ hours of sun/day)
Shade Plants (need 2-6 hours of sun/day)
Native Plants [Helpful Reference List](#)

Lynn Boyd – 39 Way to the River
Linda Schaeffer – 77 Coffin Street
Gail Dinaro – 230 Middle Street

Memorial Day Parade

Decorate your sun hat and mark your calendars for Monday, May 30th! WNGC will once again participate in the West Newbury Parade honoring our veterans and celebrating our town. Stay tuned for more details!

Art in the Garden – Pop up Tents Requested!



The Art in the Garden event is scheduled for June 18th and we are in search of 7-8 pop up tents. Please contact Margo Pullman margopullman@gmail.com if you have a tent we can borrow.

Herbal Corner – Cilantro by Alison Reyes



Cilantro (*Coriandrum Sativum*) is a hardy herb that produces both leaves (cilantro) and seeds (coriander) for versatility in cooking. Cilantro is native to Zone 6B and is best planted in early spring after the last frost. Cilantro will do best with partial sun, no more than 6 hours daily, and prefers cooler temperatures between 60-70 degrees Fahrenheit. The soil should be kept moist, but not saturated. The herb leaves are ready for harvest around 4 weeks when the plant reaches approximately 6 inches tall. To harvest seeds, allow the plant to flower and dry out. Once dry, shake them into a bowl to release the seeds.

The health benefits of cilantro are numerous including brain health, blood sugar management, anti-anxiety, and detoxification. Clip a few leaves and enjoy in a green salad, chop and add to brown rice with lemon and olive oil, or combine with lime to make a delicious seasoning for grilled fish. In the winter months, prepare a hearty cilantro soup with assorted vegetables and your choice of protein such as chicken or tofu. Coriander seeds can be added to baked potatoes, eggplant, rice and boosts a nutty flavor. Hope you are now inspired to grow

cilantro!

Notes from a Novice Gardener by Andrea Caswell



Part of being a novice gardener (or a novice-anything) is being on the lookout for excellent information. On April 14, I attended an online presentation called “A Native Transformation,” sponsored by West Newbury Wild and Native (WN2) and GAR Memorial Library. It was inspiring to learn how to start a beautiful new habitat right in my own backyard! Katie Banks Hone, nicknamed “The Monarch Gardener,” shared her experience of turning her riverside home in Ipswich into an almost 100% native-plants-only property. As part of its transformation, she created a rain garden to catch rainwater, which she uses to water beds, as well as the 6,000 seedlings growing chemical-free in her native plant nursery. In addition to conserving water, the rain garden decreases yard erosion and reduces flow into the Ipswich River.

Katie showed dramatic before and after photographs of the rain garden, a butterfly garden (an official “Monarch Waystation”), herb and vegetable beds, a woodland island, and perennial borders. To increase the habitat available to struggling pollinators, she and her family removed lawn and traditional foundational plantings over several years, and replaced them with nourishing native plants, including milkweed. Milkweed is the only plant on which monarchs can lay their eggs; it is also the only plant monarch caterpillars can eat. Later, milkweed nectar supports generations of butterflies during their migration to Mexico. Her waystation flutters and buzzes with activity in the summer; in the fall, native coneflowers attract and feed goldfinches. Please note, milkweed grown with neonicotinoids is fatal for monarch caterpillars. Thoughtful plant selection and informed plant purchases can make a life-saving difference for these and other pollinators.

Here's a short list for integrating more native plants into your landscape. Instead of:

- forsythia – plant spicebush
- crocus – plant bloodroot
- vinca – plant foamflower
- boxwood – plant New Jersey Tea bushes
- daisies – plant coneflowers
- Russian sage – plant blazing star
- delphinium – plant great blue lobelia
- digitalis – plant beardtongue
- butterfly bush – plant Joe Pye weed
- Montauk daisies – plant New England asters

There are many resources available for learning how to support pollinators in your own backyard. Katie runs a native-only, chemical-free nursery from her property in Ipswich; her website contains plant lists and other ideas for transforming your garden into a rich native environment (www.themonarchgardener.com). Other resources include Doug Tallamy’s website, www.homegrownnationalpark.org, Native Plant Trust in Framingham, www.nativeplanttrust.org, and our very own West Newbury Wild and Native, at www.wnwildnative.org.

Member News

Welcome New Members!

Gini Mazman
Anne Selig

Contact us

WNGC Newsletter Editor
Alison Reyes

WNGC Newsletter Editor
Kathy Mandeville

Contributing Columnist
Andrea Caswell, WNGC Member

Facebook
Chris Gerzon

WNGC President/Website
Lori Boudrow

West Newbury Garden Club
P.O Box 11 West Newbury, MA 01985
Email: mrcwebmaster@comcast.net

WNGC Privacy Statement

We respect the privacy of our members. Membership information in the Yearbook and/or in the Newsletter is for WNGC use only. Member Contact information is not to be released or used except within and for WNGC communication, and never for commercial purposes.

WNGC is a member of the Garden Club Federation of Massachusetts. Read their quarterly newsletter *Mayflower* for articles, announcements, events and workshops.

Stay Connected to WNGC

Note: WNGC Board meetings are held the 2nd Tuesday of each month at Board members' homes.
Please contact Lori Boudrow if you wish to attend.